THE MONTHLY MILER FEBRUARY 2024



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Jorge Cappellan February 9 Allentown, PA Driver

Jason Curtis February 18 MN Driver



Diego Babini 1 Year OTR Driver

Jason Curtis 2 Years MA Driver

EMPLOYEE ANNOUNCEMENTS

Diallo Dishman February 3 LSC Driver

Joewy Cruz-Rivera February 1 MA Driver

Jessica Majeran 2 Years MA Driver

Gary Smith 2 Years PA Driver



According to the IRS, most refunds will be issued in less than 21 days after the return has been accepted. Certain things can affect the timing of your refund, including:

- How you sent your return Sending your return electronically allows the IRS to process it faster than if you mail it in.
- When you filed The earlier you file, the earlier your return could be processed.
- Which credits you claimed Claiming certain credits can cause your refund to be delayed.

What is the IRS refund schedule?

The IRS typically sends out refunds on a schedule. This schedule varies by the method you sent your return in, when you file, and what credits you claim. See an estimated schedule in the chart below.

When will I receive my tax refund?

The chart includes estimated dates you could receive your refund for the 2023 tax season if you have submitted everything correctly and are not claiming any tax breaks that could cause a delay.

*INFORMATION FROM TAXSLAYER *ALWAYS CHECK WHERE'S MY REFUND FOR EXACT INFO

Filing method and refund sleitvery method	How long it takes to receive your refund from the time your return is accepted
E file and direct deposit	1-3 weeks
E-file and check	1 month
Mail in return and direct deposit	3 weeks
Mail in return and check	2 months

If the IRS accepts your return by:	Direct deposit could be sent as early as:	Or your check could be mailed as early as:
Jun 29	Feb. 19	Feb. 26
Feb. 6	Feb. 26	March 4
Feb. 13	March 4	March 11
Feb. 19	March 11	March 18
Felb. 26	March 18	March 25
March 4	March 25	April 1
March 11	April 1	April 8
March 18	April 8	April 15
March 25	April 15	April 22
April 1	April 22	April 29
Agerii B	April 29	May 6
April 15	May 6	May 13

Please note that the IRS issues your tax refund - not TaxSlayer or any other filing service. This means that your Ning service can't say for sure when you'll get your refund. But you can use the IRS's When's My Refund tool to see exactly where your refund is.

DISCUSSING THE SMITH 5 KEYS

Remember Smith5Keys

Key 1. Aim High In Steering.

Look ahead a minimum of 15 seconds Key 2. Get The Big Picture.

4 second minimum following distance

Scan at least one of your mirrors every 5 to 8 seconds

Key 3. Keep Your Eyes Moving. Avoid focusing on any object for more than 2 seconds Key 4. Leave Yourself An Out.

Surround yourself with space Key 5. Make Sure They See You.

Seek eye contact

 As all drivers know, safety is paramount. At DRT, we prioritize efficiency and stand unwaveringly committed to ensuring the safety of our drivers, cargo, and the communities we serve. Let's shed light on the Smith 5 Keys – a comprehensive set of principles that serve as our roadmap to safety excellence.

The Smith 5 Keys: A Quick Overview

- KEY 1: Aim High in Steering:
 - Importance: Setting our sights high encourages anticipation of potential hazards and keeps drivers proactive in navigating the road.
 - Application: Always look ahead, scan the road, and maintain a clear line of sight to identify risks early.
- KEY 2: Get the Big Picture:
 - Importance: Awareness of the entire traffic environment enhances decision-making and minimizes surprises.

• Application: Regularly check mirrors, be aware of blind spots, and anticipate the actions of other road users.

- KEY 3: Keep Your Eyes Moving:
 - Importance: Active observation helps identify changing conditions and potential dangers.
 - Application: Continuously scan the environment, check mirrors, and be alert to developing situations.
- KEY 4: Leave Yourself an Out:
 - Importance: Maintaining an escape route provides options for evasive action in case of unexpected events.
 - Application: Position the vehicle where there's space to maneuver, allowing for quick responses to emergencies.

• KEY 5: Make Sure They See You:

- Importance: Visibility is crucial in preventing accidents; ensuring others see us reduces the risk of collisions.
- Application: Use lights, signals, and proper positioning to make our presence known to other road users.

Let's drive responsibly, keeping the Smith 5 Keys in our minds.

WHEN TO CHOOSE MED EXPRESS OVER THE ER INFORMATION

The Vital Importance of Choosing MedExpress Over the ER in Non-Emergency Situations

In today's fast-paced world, healthcare decisions are crucial, and understanding where to seek medical attention is paramount. While hospital emergency rooms play a vital role in critical situations, opting for a MedExpress for non-emergency healthcare needs can offer numerous advantages for individuals and the broader healthcare system.

1. Timely Care and Convenience:

MedExpress centers are designed to provide quick and efficient care for minor injuries and illnesses. Unlike busy emergency rooms, where critical cases take precedence, MedExpress can offer more immediate attention for non-emergency issues. This ensures that individuals with less severe conditions receive prompt care without the prolonged waiting times often associated with hospitals.

2. Cost-Effective Healthcare:

Choosing MedExpress over the emergency room for non-urgent medical concerns can lead to substantial cost savings. Emergency room visits are typically more expensive due to the specialized services and resources available. MedExpress centers, focused on providing urgent care, offer a more cost-effective alternative for routine medical needs, contributing to reduced healthcare expenses for individuals and the overall healthcare system.

3. Efficient Resource Allocation:

Emergency rooms are equipped to handle critical and life-threatening situations. Choosing MedExpress for non-emergencies helps alleviate the strain on emergency room resources, allowing healthcare professionals in hospitals to concentrate on the most severe cases. This efficient allocation of resources contributes to a smoother workflow within emergency departments, ensuring timely care for those facing life-threatening conditions.

4. Streamlined Services:

MedExpress centers are tailored for swift and streamlined services, focusing on urgent care without the complexities associated with full-service hospitals. This results in quicker diagnoses, simpler procedures, and a more straightforward healthcare experience for patients seeking treatment for minor injuries, infections, or illnesses.

5. Preventive and Routine Care:

MedExpress is equipped for urgent situations and provides preventive and routine care services. Individuals



can proactively manage their health at these centers, from vaccinations to wellness checks. This emphasis on preventive care contributes to overall community health and wellness, reducing the burden on emergency rooms for non-urgent matters.

In conclusion, making the right choice in healthcare settings is crucial for individuals and the healthcare system. Opting for MedExpress in non-emergency situations ensures timely, costeffective, and efficient care while contributing to the overall effectiveness of emergency room resources. By understanding the role of each healthcare setting, individuals can make informed decisions that prioritize their health and well-being.

CUSTOMERS IN THE SPOTLIGHT!

In logistics, we recognize that the heartbeat of our operations lies in the personal connections we cultivate. At DRT, we pledge to deliver unmatched customer experiences at every touchpoint, separating DRT from the competition!

Customers in the Spotlight:

When our clients choose DRT, it signifies more than selecting a freight service; it marks initiating a crucial partnership. Beyond arranging transport, we are dedicated to establishing enduring relationships and serving as a seamless extension of our client's teams.

In this partnership, our ambition transcends mere service provision; we aspire to function as a genuine extension of our clients' teams. This involves immersing ourselves in the intricacies of their operations, comprehending their unique challenges and objectives, and aligning our efforts to seamlessly integrate with their workflow. By becoming an integral part of their team, we aim to surpass expectations, ensuring that our collaboration extends beyond the immediate scope of freight services.

Your Voice Holds Weight:

A spirit of active listening and open dialogue is woven into the fabric of DRT's culture. We sincerely appreciate our clients' insights, molding our logistics solutions to harmonize with their needs. It's not merely about the movement of goods; it's a collaborative endeavor to achieve shared objectives.

Driving Innovation:

Innovation courses through our DNA. Our objective is to empower you to navigate an ever-evolving world with confidence. This involves a continuous refinement of our services, the streamlining of logistics processes, and the creation of cost-effective solutions.

Their triumphs are our triumphs, and we remain steadfast in ensuring that every interaction with us transcends mere satisfaction to become genuinely extraordinary. As we chart our course into 2024, we stand poised to redefine the logistics customer experience, placing people at the forefront of our unwavering commitment to excellence.



DISCUSSING REAR-END CRASHES

Rear-End Crashes

Rear-end crashes typically result in severe losses and can be catastrophic for everyone involved. Preventing rear-end crashes requires drivers to recognize the hazards that increase the odds of a crash, to know the defense, and to react properly. Read the information below, and ask yourself how you can improve your vigilance and driving style.

RECOGNIZE THE HAZARDS



ENVIRONMENT

Both wet and dry road conditions can affect traction and the vehicle's stopping distance. Likewise, sun glare, fog, and other environmental factors can be distracting and reduce visibility, thus affecting perception and reaction times.

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EQUIPMENT

insufficient tread depth on tires or out-of-adjustment brakes can reduce a driver's ability to stop the truck safely. Likewise, an empty or lightly aden trailer may make stopping a tractor-trailer more difficult.

PERSONAL BEHAVIORS

Distracted driving, speeding, driving too fast for conditions, and tailgating are unsafe driving behaviors that increase the risk of a rear-end crash. Likewise, driving while ill, fatigued, or under the influence of alcohol or drugs can affect one's ability to perceive hazards and react in time.

KNOW THE DEFENSE



VEHICLE INSPECTIONS

Check tires for sufficient tread depth and ensure brakes are properly adjusted. If hauling an empty or lightly laden trailer, factor the lack of trailer weight into your following distance so you can stop the truck in time.



AVOID DISTRACTIONS

Focus on the task of driving, and avoid distractions inside and outside the cab. Talking or texting on the phone and eating or drinking while driving divert your attention away from hazards in front of you.



OBSERVE PROPER SPEED FOR CONDITIONS

Reduce speed by at least 2-3 mph below the flow of traffic, not to exceed the posted speed limit. Adjust your speed based on the hazards present, including construction and school zones.



MAINTAIN PROPER FOLLOWING DISTANCE

Keep a minimum of six seconds behind the vehicle in front of you, and add at least one second more for each additional hazard present, like rain, sun glare, or traffic congestion.



BE ATTENTIVE TO THE ROAD AHEAD

Watch for traffic slowing or stopping ahead, then get off the accelerator and apply controlled braking. Perceiving hazards sooner allows more time to react.



REACT PROPERLY TO HAZARDS

When traffic ahead stops, try to stay in one ane and avoid abrupt lane changes. If you feel fatigued or distracted, pull over and rest or resolve any issues so you can return your focus to driving.

Note: These lists are not intended to be all-inclusive.

DISCUSSING REAR-END CRASHES

Rear-End Crashes

A DRIVER'S STORY

A less-than-truckload driver was driving a delivery van of packages in downtown Nashville, TN. It was early January, and the road conditions were not good. The streets were covered with snow, slush, and black ice. The driver's route had him making multiple stops. On this bitter cold morning, the driver had skipped the pre-trip vehicle inspection and started his route as soon as his van was loaded. The vehicle struggled in the hazardous conditions, losing traction often. After leaving his first delivery, the driver was heading south in light traffic. As he approached a four-way intersection, the driver applied the brakes. The van slid on the slippery pavement and rear-ended the vehicle in front. An investigation by the driver's employer found that the incident was preventable because the vehicle's tire tread was below standards and should have been reported by the driver. Additionally, the driver had not allowed enough stopping distance based on the road conditions.

TEST YOUR KNOWLEDGE

Name:

Date:

- 1. Which of the following equipment issues can affect a driver's ability to stop the truck in time?
 - O A. Insufficient tire-tread depth
 - O B. Improperly adjusted brakes
 - C. Empty or lightly laden trailer
 - O D. All of the above
- 2. Fatigue is a form of distraction.
 - O A. True
 - O B. False
- 3. Which of the following are in-cab distractions?
 - A. Cell phone
 - 🔿 B. GPS
 - C. Cup of coffee
 - O D. All of the above
- Speeding and driving too fast for conditions are personal behaviors that increase the risk of a rear-end crash.
 A. True
 - O B. False
- 5. Which of the following environmental conditions can be a factor in rear-end crashes?
 - O A. Wet contaminants, like rain, snow, oils, and ice
 - B. Dry contaminants, like sand and dirt
 - C. Sun glare and fog
 - O D. All of the above

THE ROAD TO Wellness

In the fast-paced world of logistics, maintaining a clean and healthy environment within our vehicles is more than just a practice—it's a cornerstone of our commitment to driver wellness. Let's delve into the importance of cleanliness for our drivers' health and explore ways to enhance hygiene practices on the road.

Why Cleanliness is Vital for Driver Health:

• Disease Prevention:

A clean and sanitized cabin reduces the risk of bacteria and viruses that could compromise driver health. Regular cleaning helps prevent the spread of illnesses, contributing to a healthier work environment.



• Reduced Allergens:

Clean interiors decrease the presence of allergens, providing relief to drivers prone to allergies. A dust-free environment can positively impact respiratory health, especially during long hours on the road.

• Mental Well-being:

A clean, clutter-free workspace promotes mental well-being, reducing stress and improving focus. Drivers who feel comfortable and healthy are better equipped to tackle the challenges of the road.

Ideas to Improve Driver Health through Cleanliness:

• Health Monitoring:

We encourage drivers to monitor their health closely and report any symptoms promptly. We have protocols for regular health check-ups and screenings.

Rest Area Cleanliness:

• Collaborate with rest areas and truck stops to ensure clean and sanitary facilities for drivers during breaks. We advocate for improved hygiene standards at common stops used by our drivers.

NEW HIRE ANNOUNCEMENT



JOHN SKULSKI DISPATCHER LEBANON OFFICE

- From: Downers Grove, IL
- Interesting Fact: I have been a Boy Scout
- Leader for over 20 Years
- Previous Job: New Penn Motor Express in
- Operations
- Favorite Hobby: Camping



THE LATEST ON TTNEWS.COM

C.H. Robinson Announces Electronic Bill of Lading for LTLs

C.H. Robinson is implementing an electronic bill of lading process for its largest less-than-truckload carriers, a move in its continued efforts to digitize documents, the company announced Jan. 22.

The Eden Prairie, Minn.-based third-party logistics provider said it has implemented an eBOL with 10 large LTL carriers, and is adding four more. The company noted the process allows for earlier tracking updates that can help detect disruptions, while also enhancing the accuracy of estimated arrival times.

"The complexity of moving LTL freight means that digitization in this part of the logistics industry has been more challenging than truckload," said Greg West, vice president of LTL at C.H. Robinson. "With truckload freight, there's generally one origin and one destination, and a customer has exclusive use of the trailer. With LTL, you can have up to 30 customers' freight on a trailer, with 30 destinations and 30 sets of paperwork."

The company said that a manual bill of lading typically involves a carrier having to generate a tracking number for each shipper contributing a load, print out stickers with those numbers, take the stickers to each loading dock, and affix them to a paper bill of lading at each pickup. The tracking numbers from all the bills of lading would later be manually entered into a computer. But doing it digitally generates a tracking number and completes many of the manual steps.

"If LTL freight has to travel from Chicago to Los Angeles, it might travel on 10 different paths depending on which of 10 carriers it's booked on," West said. "Each carrier has a unique network and a unique terminal footprint. One carrier might take the freight through Kansas City. Another might take it through Denver. Sometimes, LTL freight is put on rail for part of its journey. Sometimes westbound freight will even travel east before it heads west."

The National Motor Freight Traffic Association developed the eBOL standards used as part of an earlier effort by its Digital LTL Council. C.H. Robinson said the standards help to create greater efficiency and real-time visibility for shippers.

"The Process Allows for Earlier Tracking Updates to Help Detect Disruptions"

