



# THE MONTHLY MILER

APRIL 2023 EDITION

“ We proudly place safety as an absolute priority of our company as we exceed the quality standards of each customer we serve. Our family-driven attitude exceeds our customer’s expectations which sets us above the industry standards in commitment to excellence, quality, and performance. ”



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**DRT**  
LOGISTICS

The logo for DRT Logistics features a stylized orange and black graphic on the left, followed by the letters 'DRT' in a large, bold, white font, and the word 'LOGISTICS' in a smaller, white font below it.

# BIRTHDAYS AND ANNIVERSARIES

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**Kerry Lott**  
April 13  
Chicago Driver

**Art Snyder**  
April 19  
Elizabethville Driver



**Ruben Lopez**  
1 Year  
MA Driver

**Mark Orta**  
4 Years  
NV Driver

**Ivan Kroker**  
1 Year  
MN Driver

## WE ARE GROWING

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DRT Logistics, a trusted logistics partner, is currently seeking customer-oriented, dedicated, and experienced truck drivers to join the team. If someone you know is interested in pursuing a career in the transportation industry, this could be an excellent opportunity for them. DRT Logistics is proud to announce that they are expanding their team by adding more regional drivers. With a focus on safety, reliability, and exceptional customer service, DRT Logistics is committed to providing a supportive work environment and competitive compensation packages.



# KINGSBURY'S KORNER

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## 7 Safety Tips for Entering and Exiting Your Truck

While it may seem simple, entering and exiting a tractor trailer takes a driver's full concentration. One slip and you could suffer a serious ankle, leg, rotator cuff or back injury.

In 2018, the transportation industry accounted for 20% of all non-fatal workplace illnesses and injuries that required time off of work, according to the U.S. Bureau of Labor Statistics. On average, a driver needed 13 days away from work to recover from a workplace injury. The Occupational Safety and Health Administration estimates that 50% of truck driver injuries result in strains and sprains, which are common when a driver falls from a truck. Protect yourself. Follow these seven ways to avoid injury while entering or exiting your truck:

- 1. Look for the handles.** They may be outside the rig on older trucks, or inside the rig on newer trucks. Make sure you can see them – and that they're securely fastened to the rig – before jumping in.
- 2. Check the conditions.** Make sure there are no water puddles, ice or snow on the cab steps. Also, check that the steps don't contain any worn carpet or gripping material. Park on an even surface and look for any potholes or obstacles that might make entering or exiting difficult.
- 3. Use the proper footwear.** Make sure your shoes or boots offer the grip and protection you need to safely move in and out of the truck.
- 4. Keep hands-free.** Don't start to enter or exit your truck while texting, holding coffee, turning a dial on the dashboard or carrying paperwork. Set down any objects onto the floor of the cab so your hands are empty when you mount or dismount.
- 5. Use the three points of contact.** It's proven to be the safest way to enter or exit a truck. Anchor your body using both hands and one foot.

- **When entering**, turn your body so it faces the cab. Put one hand on one handle, the other on the second handle, and then place your foot on the step of the cab.

Once you're on the step, transfer one hand onto the steering wheel and glide into the seat.

- **When exiting**, turn your body so it faces the passenger seat. Use both hands to take a firm grasp of the door and the steering wheel and step down onto the step of the cab. Then move your hands to the truck handles and slowly step out.



- 6. Take your time.** Rushing or jumping may put you at greater risk for a slip-and-fall injury.

- 7. Avoid loose or baggy clothing.** It may get caught in the doorway or on a step, causing you to fall.

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# SAFE DRIVING AWARD RECIPIENTS

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We want to extend heartfelt congratulations to the DRT Safe Driving Award recipients. Your commitment to safe driving practices is truly admirable, and it is inspiring to see the positive impact that you are making on our roads.

As we all know, safe driving is essential for ensuring the well-being of ourselves, our loved ones, and everyone else on the road. By leading by example and prioritizing safe driving practices, you are making a significant contribution to the safety and security of our communities.



Kerry Lott  
1 Year



Dale Tschopp  
1 Year



Gustavo Gonzalez  
4 Years



Art Snyder  
1 Year



Quantas Williams  
4 Years



Alex Ulloa  
1 Year



William Giranda  
1 Year



Tim Swartz  
1 Year



Ray Laroche  
1 Year



Kevin Williams  
3 Years



Gary Smith  
1 Year

Recipients not pictured include:

- Alan Barda - 3 Years
- Kenneth Clute - 1 Year
- Alberto Correcher - 3 Years
- Patrick Fortenberry - 4 Years
- Tony Holliman - 4 Years
- Gary Richard- 1 Year
- Ameal Selders - 3 Years
- Gene Stotler - 1 Year
- Mark Orta- 3 Years

# IMPORTANCE OF CLEANLINESS AT OFFICE

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Hand washing is crucial to maintaining good hygiene and health, particularly for drivers who spend long hours on the road. Drivers face unique challenges that make hand hygiene even more critical, including exposure to various surfaces and environments, interacting with people, and handling different materials. In this article, we will explore the importance of hand washing for drivers and why it is critical for your health and safety.

**Before you leave...**



First and foremost, hand washing is a simple and effective way to prevent the spread of germs and bacteria that can cause illness. Drivers come into contact with numerous surfaces and materials throughout the day, including gas pumps, rest area facilities, and shipping materials. You can also interact with many people, including colleagues, customers, and drivers. The increased exposure to germs and bacteria puts you at a higher risk of contracting illnesses, making it essential to practice proper hand hygiene.



In addition to preventing the spread of illness, hand washing can help drivers maintain a professional appearance. As company representatives, drivers must project a professional image that reflects positively on the organization. Clean and well-maintained hands are essential to this image and can help drivers build customer trust and credibility.

It is important to note that hand washing is not just about using soap and water. Proper hand-washing techniques are also critical to achieving optimal hygiene. Drivers should wash their hands with soap and water for at least 20 seconds, covering all surfaces of their hands, including the backs, between the fingers, and under the nails. Use hand sanitizer when soap and water are not readily available.

In conclusion, hand washing is critical to maintaining good hygiene and health for drivers. Regular hand washing can help prevent the spread of illness and maintain a professional appearance. By practicing proper hand hygiene techniques, drivers can protect themselves, their colleagues, and their customers and stay healthy and safe on the road.

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# TRANSPORT TOPICS TOP NEWS

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## Truck Parking a Priority for Administration, Buttigieg Says

Improving access to parking for the country's truck drivers remains a priority for the Biden administration, Transportation Secretary Pete Buttigieg said recently.

Pressed on the Department of Transportation's focus on the matter, the secretary insisted his staff is dedicated to working with other agencies to expand parking facilities.

"I completely agree with the importance of this issue," the secretary told senators during a review on the White House's fiscal 2024 budget request. "When you talk with truck drivers it's one of the first things that they'll raise. And it's not just a matter of convenience. It's really a matter of safety.

"It means that as a driver is on their route, they see that they're getting close to the limit of their hours of service. They're faced with a choice: either to stop short and lose income, if there's even a space near them. Or to park in a place that could be unsafe," Buttigieg explained, adding, "In terms of a dedicated program we'd welcome a dialogue on that."

The secretary also shared with the subcommittee the department had recently awarded grants specific to truck parking programs in Florida and Tennessee.

At the budget hearing, Sen. John Boozman (R-Ark.), a member of the transportation appropriations subcommittee, sought from the secretary an action plan on the issue. Of interest would be establishing a competitive grant program for truck parking projects that would equip DOT and state agencies with requisite resources.



As the senator put it, "I'm really interested in the Department of Transportation's long-term plan to build our truck parking capacity. We've heard repeatedly from representatives of the trucking industry the nationwide shortage of truck parking capacity is a key driver of supply chain inefficiency."

Earlier this year, House lawmakers introduced legislation targeting the industry's truck parking concerns.

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