



THE MONTHLY MILER

JANUARY 2023 EDITION

“ We proudly place safety as an absolute priority of our company as we exceed the quality standards of each customer we serve. Our family-driven attitude exceeds our customer's expectations which sets us above the industry standards in commitment to excellence, quality, and performance. ”



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 Safety Update

 Top Industry News

 Birthdays and Anniversaries

 401K

 Important Benefits update



BIRTHDAYS AND ANNIVERSARIES

John Arch
January 25
Regional Driver

Patrick Fortenberry
January 4
PA Driver

Jeremiah Bartley
January 23
Local Driver

Mike Leonard
January 24
PA Driver

Alberto Correcher **Gene Stotler**
January 4
NJ Driver

Mike Leonard
1 Year
PA Driver

Rick Patire
4 Years
PA Driver

Quantas Williams
January 5
Chicago Driver



DRT AWARDED INTERMODAL CARRIER

Sister company DRT Transportation, LLC was named an Intermodal Carrier Award winner during the 2022 Penske Logistics Freight Management Carrier Awards program. DRT Transportation, LLC was one of 24 recipients.

Category winners were selected from among Penske's expansive base of trucking carriers operating within its

freight management operations. There are several award qualifications: A Penske Logistics enterprise scorecard combined with customer, operations and sourcing feedback.

"A hearty congratulations to DRT Transportation, LLC for receiving an Intermodal Carrier Award from Penske Logistics," said LeAnne Coulter, vice president of freight management for Penske Logistics. "There is no new normal yet in the supply chain today, and I am thankful that DRT Transportation, LLC is among our collection of excellent carriers to support us on this journey."



IRS TAX TIP FROM IRS.GOV

The amount individuals can contribute to their 401(k) plans in 2023 will increase to \$22,500 -- up from \$20,500 for 2022. The income ranges for determining eligibility to make deductible contributions to traditional IRAs, contribute to Roth IRAs, and claim the Saver's Credit will also all increase for 2023.

Taxpayers can read the technical guidance regarding all of the cost-of-living adjustments affecting dollar limitations for pension plans and other retirement-related items for tax year 2023 in Notice 2022-55 on IRS.gov.

Here are some of the changes for 2023:

- The contribution limit for employees who participate in 401(k), 403(b), most 457 plans and the federal government's Thrift Savings Plan will increase to \$22,500.
- The limit on annual contributions to an IRA will increase to \$6,500. The IRA catch-up contribution limit for individuals age 50 and over is not subject to an annual cost-of-living adjustment and remains \$1,000.
- The catch-up contribution limit for employees age 50 and over who participate in 401(k), 403(b), most 457 plans and the federal government's Thrift Savings Plan will increase to \$7,500.
- The catch-up contribution limit for employees age 50 and over who participate in SIMPLE plans will increase to \$3,500, up from \$3,000.
- The phase-out ranges for deducting contributions to a traditional IRA will also increase. Taxpayers should review Notice 2022-55 regarding the details for their situation.
- The income phase-out range for people making contributions to a Roth IRA will increase for taxpayers filing as single, head of household and married filing jointly. Again, taxpayers should consult Notice 2022-55 for specifics about their situation.
- The income limit for the Saver's Credit for low- and moderate-income workers is \$73,000 for married couples filing jointly; \$54,750 for heads of household; and \$36,500 for singles and married individuals filing separately.
- The amount individuals can contribute to their SIMPLE retirement accounts will increase to \$15,500.

#FREEMONEY

The earlier you start investing, the more time your money has to grow. One of the biggest advantages of investing in a 401(k) early is compound interest. Compound interest is when you earn interest on the principal amount of an investment plus any accumulated interest.

REMEMBER
If you contribute
5% - DRT will
match at 4%!

TIPS TO REDUCE OUT-OF-POCKET EXPENSES

URGENT CARE VS. ER VISIT

- Going to a local Urgent Care can save you more than \$100 in out-of-pocket costs.
- Unless it's a true emergency, urgent care is generally better for your time and resources.
- Many are open seven days a week and have far shorter wait times than the ER.
- It costs less than a traditional hospital emergency room visit.
- Many urgent care clinics also have advanced diagnostic imaging like X-ray machines and lab capabilities to assess your illness or injury onsite.
- Urgent care providers can prescribe medications and recommend a higher level of care if needed.



MAIL ORDER PRESCRIPTION VS. LOCAL PHARMACY

- Mail-order medications are often less expensive than visiting your local pharmacy
- Mail-order pharmacies operate through your health plan, meaning that your insurer can buy medications in large quantities directly from drug manufacturers to lower costs.
- Mail-order prescriptions usually contain a 90-day bulk supply, which can save you money.
- Maximum convenience and peace of mind.
- 24/7 access to pharmacists.
- Standard shipping at no cost to you typically.

REMEMBER

When filling prescriptions, you now have more options to choose from, other than just your local pharmacy. If you have a medication that needs to be filled, choosing to explore mail-order prescriptions could save you money today and throughout the year.



KINGSBURY'S KORNER

The following is a great resource on how to drop and hook a trailer and how to dolly the legs up and down.



WARNING: Before attempting to operate the landing gear, you must read and understand the following procedures:

- Perform all procedures in lighted area clear of obstacles and other personnel.
- Always grip the crank handle securely with both hands.
- Maintain proper footing at all times.
- Never attempt to shift the landing gear while under load.
- Lifting and lowering of the trailer must always be done in LOW GEAR.
- DO NOT ATTEMPT TO LIFT OR LOWER TRAILER WITH LANDING GEAR IN HIGH GEAR, AS SERIOUS PERSONAL INJURY COULD OCCUR.
- Always secure the crank handle when not in use.

OPERATING INSTRUCTIONS

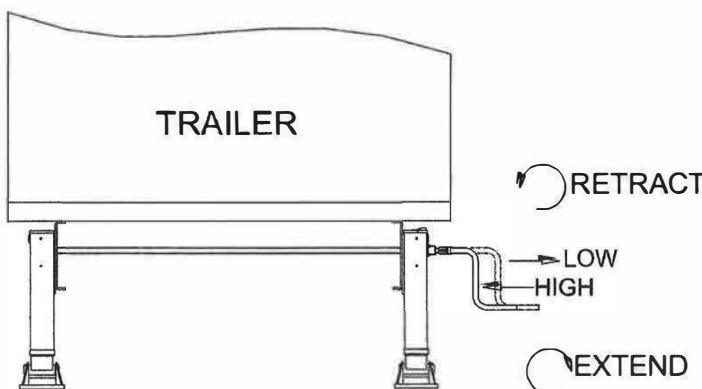


FIGURE 1

- Push crank handle **in** for **high** gear.
- Pull crank handle **out** for **low** gear.
- Turn crank:
Counterclockwise - Retract
Clockwise - Extend

Note: Both inside and outside mounts crank the same.

KINGSBURY'S KORNER

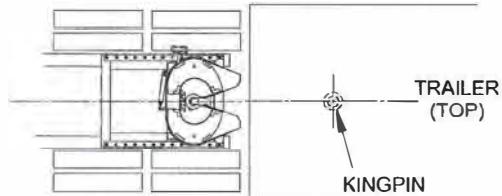
CONTINUED: The following is a great resource on how to drop and hook a trailer and how to dolly the legs up and down.



COUPLING PROCEDURES

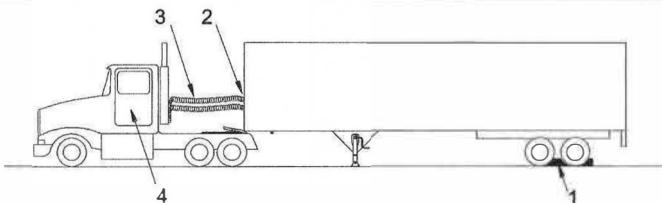
STEP 1

Inflate tractor air suspension and back up **close** to the trailer centering the kingpin with the throat of the fifth wheel and **STOP!**
DO NOT ATTEMPT TO COUPLE UNTIL STEPS 2 THROUGH 4 ARE COMPLETED.



STEP 2

1. Chock trailer wheels.
2. Connect brake lines and light cord.
3. Support slack in lines to prevent interference.
4. Set trailer brakes.



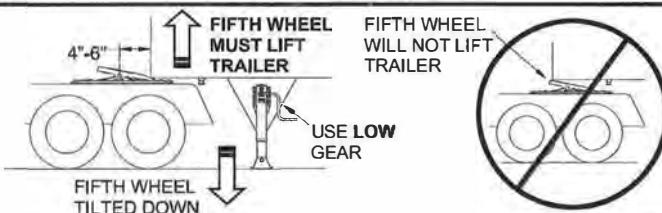
STEP 3

Make sure that the landing gear is in low gear (see figure 1) and engage crank handle.



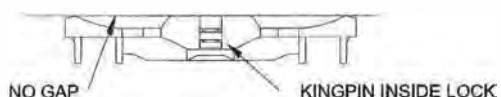
STEP 4

Adjust trailer height so that the fifth wheel will lift the trailer.



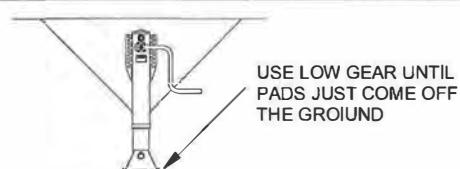
STEP 5

Couple and verify that there is no gap between fifth wheel and trailer and that the kingpin is inside the lock.



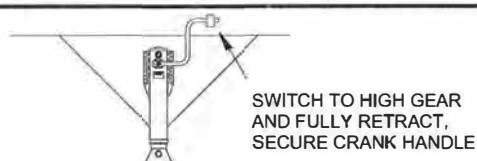
STEP 6

While still in low gear, retract landing gear until pads just come off the ground.



STEP 7

Switch to high gear and fully retract, secure crank handle.



KINGSBURY'S KORNER

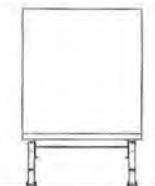
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UNCOUPLING PROCEDURES

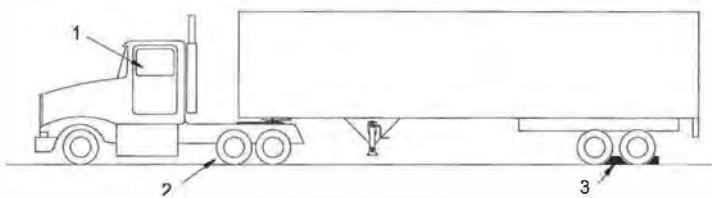
STEP 1

Position the tractor and trailer on level ground, clear of persons and obstacles.



STEP 2

1. Set trailer brakes. Slowly back tractor tightly against trailer.
2. Set tractor brakes.
3. Chock trailer wheels.



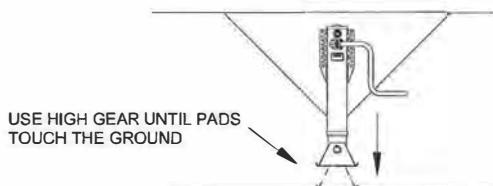
STEP 3

Shift landing gear to high gear (see figure 1) and engage crank handle.



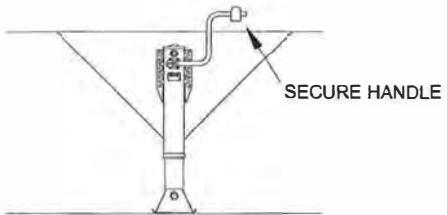
STEP 4

Extend landing gear until pads just touch the ground.



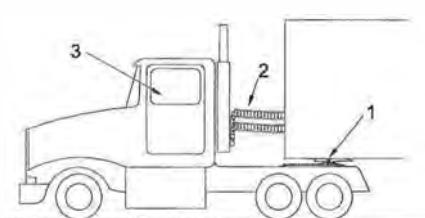
STEP 5

Switch to low gear and crank an additional 4-8 turns minimum. Secure crank handle



STEP 6

1. Pull fifth wheel release handle.
2. Disconnect air lines and light cord.
3. Release tractor brakes and slowly drive away from trailer.



TRANSPORT TOPICS

TOP NEWS

Diesel Slips 5.9¢ to \$4.537 a Gallon in Seventh Straight Decline

The national average price of diesel dropped 5.9 cents to \$4.537 in its seventh straight decline, according to Energy Information Administration data on Dec. 26.

Highlights

- The price of diesel has fallen 79.6 cents on average since it cost \$5.333 a gallon on Nov. 7.
- Diesel now costs 92.2 cents a gallon more on average than it did at this time a year ago.
- The average price dropped in all 10 regions in EIA's weekly survey. The biggest drop was 11.1 cents a gallon in both the West Coast minus California and New England. The slightest decline was 3 cents in the Central Atlantic.
- The average price for a gallon of gasoline dipped 2.9 cents to \$3.091, making it 18.4 cents lower than it was a year ago.

Ports on Both Coasts See Drop-Off in Volume in November

Port container volumes on the West Coast and East Coast declined in November, although shippers were focused on different factors.

Labor talks between the 22,000-member International Longshore and Warehouse Union and Pacific Maritime Association, which represents 29 port and storage locations, continued to weigh on volumes. On the East Coast, cargo levels were driven by concerns over the economy.



However, in the past six months, East Coast ports have seen a significant uptick in container handling, even with the slightly lower November number.

The San Pedro Bay ports, in Los Angeles and Long Beach, Calif., saw a combined 23% year-over-year decline in container volume in November.

"Imports into the United States have begun to level off, in addition to cargo that has shifted away from West Coast ports due to protracted labor negotiations," Port of Los Angeles Executive Director Gene Seroka said.

“Diesel has fallen 79.6 cents on average”

WELCOME TO DRT!



LANCE JESZENKA
DISPATCHER
PENNSYLVANIA OFFICE

From: Harrisburg, PA

Interesting Fact: I started in transportation at 20 years old

Previous Job: Underground cable work

Favorite Hobby: Watching sports



2023 COVID UPDATE

The government is again offering free COVID testing kits (COVIDtests.gov), regardless of whether you previously received them. You can order them online via <https://special.usps.com/testkits> or by calling 1-800-232-0233. Each order consists of four rapid antigen tests and will ship free. The test typically ships within 7-12 days of placing the order.

More information from the website states:

U.S. residential households can order one set of 4 free at-home tests from USPS.com.

Here's what you need to know about your order:

- Limit of one order per residential address
- One order includes 4 individual rapid antigen COVID-19 tests (COVID.gov/tests has more details about at-home tests, including extended shelf life and updated expiration dates)
- Orders began to ship for free starting the week of December 19, 2022



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